

# SOIL REGENERATION COURSE

3 day – 29<sup>th</sup> June to 1<sup>st</sup> July 2019

## Cabourne Parva Farm

Riby Road, MARKET RASEN, Lincolnshire LN7 6DR

*Applicable for SMALLHOLDERS to BIG FARMS  
for ARABLE, LIVESTOCK, PASTURE, FORESTRY and HORTICULTURE*



Using only what's already in **your** soil, boosted with organically certified REMIN volcanic rock dust, on this 3 day course **YOU LEARN** as follows:

### DAY ONE

1. Understand your Soil Biology and your Soil Foodweb
2. Distinguish beneficial from non-beneficial Microbes
3. Build a good aerobic Compost Stack from what is locally available

### DAY TWO

1. Manage the Compost Stack to favour beneficial Microbes
2. Extract beneficial Microbes from the Compost Stack
- 3.

### DAY THREE

1. Make first turn of the Compost stack that will mature in 15 days
2. Extract beneficial microbes to make Compost Tea for Soil Drench
3. Extract beneficial microbes to make Compost Tea for Foliage Feed
4. How to apply Soil Drenches and Foliage Feeds

You will learn how to use this new knowledge to:

1. Measure and manage your Soil Biology & Mineral needs
2. Recycle all your Organic Waste Streams
3. Produce FREE Natural Fertilisers and Foliage Protection
4. Design and implement Multi-Species Crop cover
5. Integrate livestock into your Cropping Systems
6. Improve your soil hydration and resolve compaction issues
7. **IMPROVE YOUR SOIL FERTILITY & PRODUCTIVITY**
8. **REDUCE YOUR COSTS!**

Run by Glyn and Jennifer on Saturday to Monday inclusive - following their  
MICROBES / MINERALS presentation at Groundswell 2019.



GLYN MITCHELL is a specialist in Soil Microbes. He runs Credible Food Project [www.crediblefood.com](http://www.crediblefood.com) from Jersey and is a soil re-generation strategist for Jersey Hemp and Rocquette Cider and of course ... Jersey Potatoes! He is also Consultant for Soil Food Web [www.soilfoodweb.com](http://www.soilfoodweb.com) world-wide.

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JENNIFER BRODIE has worked with Scotland's freshly crushed volcanic rock dust for 15 years and runs REMIN (Scotland) Ltd [www.reminscotland.com](http://www.reminscotland.com) from Aberdeenshire. Award winning, organically certified REMIN volcanic rock dust contains all 17 minerals and trace elements required for fertile soil.

Mob. 07715 707009 E: [Jennifer@reminscotland.com](mailto:Jennifer@reminscotland.com)

### PROGRAMME:

SATURDAY 29<sup>th</sup> June to MONDAY 1<sup>st</sup> July 2019 inclusive  
9.30am to 4.30pm each day

**COST:** incl. refreshments and lunch, £ 245 Ex VAT, £ 294

**BOOKING:** Course takes up to 20 delegates. Please book / pay under "COURSES" on [www.reminscotland.com](http://www.reminscotland.com) or phone Jennifer on Mobile where she can take card payments.

**JOINING INSTRUCTIONS:** Peter Kirke of Cabourne Parva is hosting this course on his farm. Theory with microscopes will be provided indoor. Course handouts will be provided but please bring notebook, pen and own microscope if you have one. Outdoor clothing will be required. Caravans and tents welcome with toilet block available.

BILL MOLLISON, 1928 to 2016, father of Permaculture: *"Though the world's problems grow increasingly complex, the solutions remain embarrassingly simple."*

JENNIFER BRODIE: *"By burning coal and oil we have released its carbon that has made a global balaclava around the Earth that is actively heating us up. We can reverse this by looking after our soil and compost in a way that (a) locks the carbon BACK into our soil and (b) provides minerals and trace elements that our soil, our compost, our plants and ourselves so desperately need for good health."*



Local road signage will be provided on the day but for local directions etc,  
contact: Peter Kirke Mob. 07703 278127 E. [pwkirke@btinternet.com](mailto:pwkirke@btinternet.com)